

GOLF'S GUIDELINE FOR RECOVERY

CLEANING/DISINFECTING/ SANITIZING RECOMMENDATIONS



The following cleaning/disinfecting/sanitizing products are recommended:

- Hand sanitizer [70% or greater alcohol based]
- Health Canada recognized disinfectants, and/or:
 - Alcohol greater than 70% solution
 - Chlorine bleach [sodium hypochlorite solution] 5.25-6.15%, alternate to alcohol
 - Diluted 1:100 [500-600 ppm or 10 ml bleach to 990 ml water] used for disinfecting surfaces and frequently touched equipment [e.g. counters, doorknobs, etc.,]. Allow surface to dry naturally to ensure proper contact time.
 - Diluted 1:50 [1000 ppm or 20 ml bleach to 980 ml water] to disinfect contaminated surfaces with adequate contact time [<10 minutes]. Used for disinfecting surfaces contaminated with bodily fluids and waste [diarrhea, mucus, feces] - after cleaning with detergent and water first] Allow surface to air dry naturally to ensure proper contact time.
 - Note: Diluted bleach solution should be made fresh each day to ensure the correct ppm of chlorine as it breaks down over time.
 - Quaternary Ammonium Compounds [QUATs] used for disinfecting of surfaces [e.g. floors, walls, furnishings, etc.,].



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Hotel Clean is an approach to cleaning that requires removal of dirt and dust, waste disposal, and the cleaning of windows and surfaces. A hotel clean should result in a visually clean environment. The hotel component of a facility includes public areas such as lobbies; offices; corridors; elevators and stairwells; and service areas.

Health Care Clean is an approach to cleaning that aims to reduce or eliminate microbial contamination within the environment. A health care clean should result in the elimination of, or a significant reduction in, microbial contamination of all surfaces and items within the environment, in addition to providing a visually clean environment. This requires, in addition to the performance of a hotel clean, an increased frequency and thoroughness of cleaning, as well as the use of disinfectants.

It is recommended that a minimum of three Health care clean cleanings per day are completed on any washroom. Other high-touch surfaces cleaning and disinfection should be performed at least daily and more frequently if the risk of environmental contamination is higher.

Low-touch surfaces require cleaning on a regular basis, and when obvious staining or spills occur. For many low-touch surfaces, cleaning may occur less frequently than once per day (e.g., every other day, weekly) as long as such surfaces are cleaned sooner if visibly dirty.

WASHROOM CLEANING – RECOMMENDED SCHEDULE	AM	NOON	PM
Clean and sanitize Entrance doors and handles			
Clean and sanitize Stall Doors			
Spot Clean Toilets and urinal handles			
Clean and disinfect all sinks, faucets and counters			
Paper towel dispenser touch points			
Clean all light switches			
Spot clean cabinetry and partitions			

ACUTE Environmental and Safety Services incorporated in 1995 provides comprehensive health and safety training, on-site safety and consulting services for a broad range of clients representing most business sectors. ACUTE is recognized and highly regarded as a safety solutions leader, is based in Waterloo, Ontario and provides safety services for clients across Canada.

