



COVID-19 Protocols for Ladies' Clinics

GENERAL ADVICE

- Abide by the mandatory physical distancing requirements of at least 6 feet (2 metres) at all times.
- Self-monitor for symptoms of COVID-19 which include a cough, fever, and difficulty breathing. If any symptoms are felt, please do not come for lessons. Follow the advice of public health authorities.
- Practice respiratory etiquette, including coughing and sneezing into your arm.
- Avoiding common greetings, such as handshakes and high fives.
- Wash hands often and for at least 20 seconds each time. Avoid contact with face and eyes with unwashed hands.
- Students should consider bringing their own hand sanitizer with them for their own use before and after their lesson.

DURING LESSONS

- Instructors will ask students if they are not feeling “up to par” (see COVID-19 symptoms above) prior to the lesson.
- All instructors will have a mask with them at all times and use as needed. Students may bring their own mask for their personal well-being.
- Instructors will not touch any student’s equipment or have any direct physical contact with the student. Alignment sticks may be used to help push, pull, or move the student’s body into position while maintaining physical distancing.
- Students should not touch the ball buckets on the range. The instructors will provide and refill balls, as needed. Range balls will be disinfected and cleaned after each use.
- Short game sessions (chipping and pitching) may use range balls. However, students are not required to pick up any balls with their hands. A shag bag will be used by the instructor for picking up the balls.
- Students will use their own golf balls for putting sessions. Golf balls will be provided at no charge for the students.
- All practice stations on the range and at the putting/chipping green will be set up to ensure physical distancing.
- Students should not share equipment with others during the lessons. All students must have their own equipment.
- Training aids will be thoroughly disinfected between lessons.

We look forward to everyone learning golf in a safe and healthy environment.